

# NO HITTING ZONE



## This Facility Is a No Hitting Zone

### TIPS FOR PARENTS

- **STOP!** Hitting your child will not help
- **BREATHE** Step back and count to 20
- **REMEMBER** Hitting teaches violence, and yelling doesn't help
- **TRY** Many other proven discipline strategies that DO work
- **KNOW THE LAW** Hitting a child and leaving a mark is against the law in New York State

For more information about the "No Hitting Zone" program contact the J.E. and Z.B. Butler Center for Children and Families at the Children's Hospital at Montefiore at 718-920-5833

**Montefiore**

Courtesy of University Hospital Health Care System  
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